



HOUSING WITH SUPPORTS

THE GROWING NEED

Roughly 9,200 of Kelowna's 19,600 rental households are in core housing need in 2021. Of these, 4,150 are in extreme core housing need.

By 2031, 2,600 additional rental households are projected to be in core housing need with 1,265 of those in extreme core housing need.¹



Core housing need

When a household spends more than **30 percent** of its income on housing.

Extreme core housing need

When a household spends more than **50 percent** of its income on housing.

\$14,412

Average annual rent in Kelowna

\$48,040

Annual income threshold for core housing need

\$28,824

Annual income threshold for extreme core housing need

As rental property becomes more expensive, we can expect demand for housing with supports to rise. Pressure on one end of the housing spectrum tends to translate to pressure on all others.



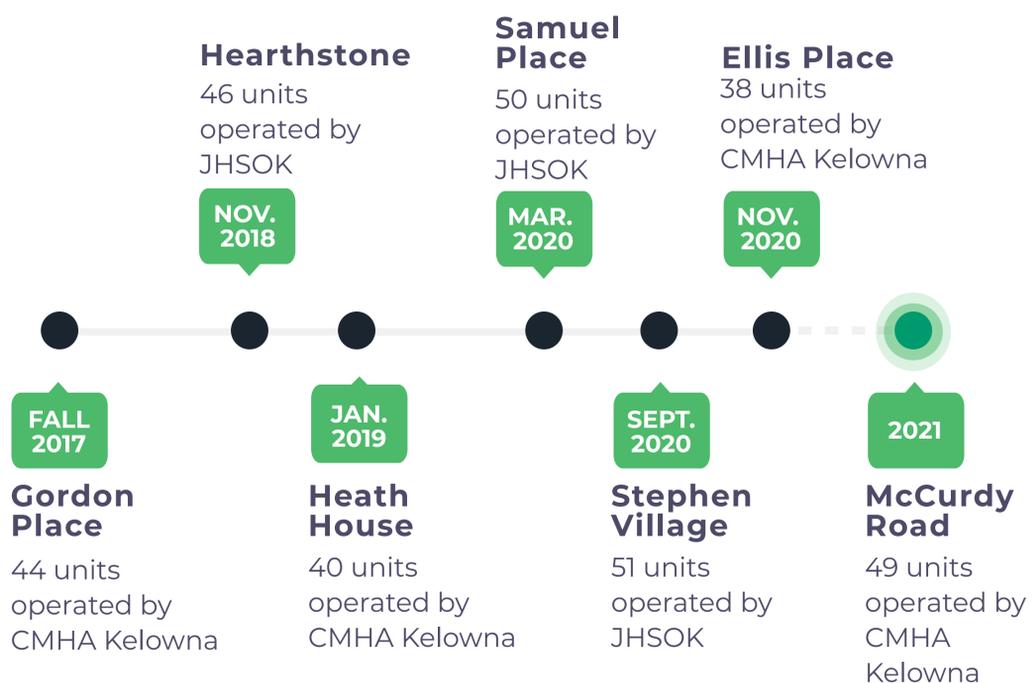
2,000

people per year experience homelessness in Kelowna, as of 2018.²

THE SUCCESS WE HAVE HAD

Units opened since 2017

Homes with supports in Kelowna are operated by the Canadian Mental Health Association, Kelowna (CMHA Kelowna) and the John Howard Society of Okanagan and Kootenay (JHSOK).



318
housing with supports units built since 2017

+
100
Housing First in-market, scattered sites in 2021

=
418
housing with supports units total in Kelowna

WHAT IS IT?

Poverty and health issues, including mental health and substance use, and other factors put people at higher risk to experience homelessness. Housing with supports helps prevent that from happening.

Individualized wellness care plans, that may include skills training, employment assistance, counseling, health, mental health and substance use recovery, are all a part of the supports included in housing with supports.

WHAT IS THE IMPACT?

"We provide homes for people who have experienced a range of challenges including homelessness, addiction and trauma. Supportive housing can be transformational for individuals and communities. I think we all understand the importance of safe, secure, affordable housing for our own mental health. It is no different for the people we house. The supports are there to help people thrive."

- Shelagh Turner, Executive Director, CMHA Kelowna

"Every day, we are witnessing the fact that people are more successful in moving forward in their lives if they are housed first. One individual moved into our housing with supports with an infection they had had for three months. Having had the treatment needed, they will now have access to the knee surgery they need."

We have many people who have been able to get back in the workforce, get their substance use under control and re-connect with family, and housing with supports has made that possible."

- Hailee Rogers, Director of Housing First, JHSOK

WHAT SUCCESS LOOKS LIKE

"One of the successes Journey Home has had is to better coordinate all of the agencies involved in housing. Working across agencies, we are better at supporting people in finding the type of housing that addresses their needs, and at moving them through different types of housing as their needs change. As a collective, we are creating clear pathways to connect people moving into housing to the type of health and community supports that will assist them in their wellness journey."

- Stephanie Ball, Executive Director, Central Okanagan Journey Home Society

1. City of Kelowna Regular Council Meeting AGENDA, Jan. 18, 2021, p. 280-281, <https://bit.ly/2YIEsNe>
2. Kelowna's Journey Home Strategy: Community Report, 2018, p. 36, <https://bit.ly/39MqMqK>